

**AMENDMENTS TO THE CLAIMS:**

This listing of claims will replace all prior versions, and listings, of claims in the application:

**LISTING OF CLAIMS:**

1. (Currently Amended) A mirror supporting plate for supporting a mirror glass of a wing mirror for a motor vehicle, comprising a substantially flat support provided with a substantially rod-shaped actuator part for coupling with a drive, wherein the actuator part is integrally formed with the support and is adjustable relative to the support from a first position in which the actuator part is oriented substantially in or along the plane of the support, to a second position in which the actuator part is oriented so as to reach substantially outwards relative to the plane of the support.

2.-19. (Canceled)

20. (Previously presented) The mirror supporting plate according to claim 1, wherein at least in the first position the actuator part and the support are connected by one or more bridge parts.

21. (Previously presented) The mirror supporting plate according to claim 20, wherein at least one bridge part forms a torsion hinge.

22. (Previously presented) The mirror supporting plate according to claim 20, wherein at least one bridge part forms a connection adapted to be broken loose.

23. (Previously presented) The mirror supporting plate according to claim 1, wherein the support and the actuator part are each provided with coupling means that are adapted to form a snap connection in the second position.

24. (Previously presented) The mirror supporting plate according to claim 23, wherein at least one of the bridge parts or the coupling means forms a ball hinge.
25. (Previously presented) The mirror supporting plate according to claim 1, wherein the actuator part comprises a spindle.
26. (Previously presented) The mirror supporting plate according to claim 25, wherein the spindle includes thread or toothing.
27. (Previously presented) The mirror supporting plate according to claim 1, wherein the support includes a coupling means for coupling with an output part of a hinge construction.
28. (Previously presented) The mirror supporting plate according to claim 1, wherein the support comprises an accommodation opening to receive at least a portion of the actuator in the first position.
29. (Previously presented) The mirror supporting plate according to claim 20, wherein the support, the at least one bridge part, and the actuator part are comprised of thermoplastic material.
30. (Previously presented) The mirror supporting plate according to claim 20, wherein at least one bridge part is comprised of a different plastic material than the support, the actuator part, or both the support and the actuator part.

31. (Currently Amended) A mirror adjusting mechanism for a wing or of a motor vehicle comprising:

a base part including a drive, and

a mirror supporting plate including a substantially flat support having a substantially rod-shaped actuator part that is integrally formed with the support,

wherein the mirror supporting plate is hinged to the base part, wherein the actuator part of the support is movable from a first position in which the actuator part is oriented substantially in or along the plane of the support, to a second position in which the actuator part is oriented to reach substantially outwards relative to the plane of the support, and wherein the actuator part is capable of being coupled with the drive.

32. (Withdrawn) A method for manufacturing a mirror supporting plate for supporting a mirror glass of a wing mirror of a motor vehicle, comprising: using a molding process to form a plastic substantially flat support with an integrally-formed substantially rod-shaped actuator part

33. (Withdrawn) A method according to claim 32, wherein the molding process includes an injection molding process.

34. (Withdrawn) The method according to claim 32, wherein at least one bridge part is formed between the support and the actuator part

35. (Withdrawn) The method according to claim 32, wherein the support includes an accommodation cavity and the actuator part is formed, at least in part, in the accommodation cavity.

36. (Withdrawn) The method according to claim 34, wherein the support, on the one hand, and the actuator or bridge part, on the other, are manufactured in consecutive molding steps.
37. (Withdrawn) The method according to claim 34, wherein the support is comprised of a different plastic material than the actuator, the bridge part, or both the actuator and the bridge part.
38. (Withdrawn) A method for assembling a mirror adjusting mechanism for a wing mirror of a motor vehicle, comprising the steps of adjusting an actuator part formed integrally with a support, from a first position in which the actuator part is located substantially in or along the plane of the support, to a second position, in which the actuator part is oriented substantially outwards relative to the support, and coupling the support and the actuator part to, respectively, a hinge construction and a drive of a base part of a mirror adjusting mechanism.